## How to dispose of unused or expired medication

## Most liquid and solid medications can be disposed of in the regular trash

- Follow any specific disposal instructions on the drug label or patient information that accompanies the medication
- Take the medicine out of the original container
- Mix the medication with something undesirable such as kitty litter, used coffee grounds or sawdust.
- Seal the mixture into a plastic bag or other sealed container labeled "DO NOT RECYCLE"
- Throw it in the household trash



City of Newton



Mayor

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